



Day Cardiac Discharge Information

During your procedure at St Vincent's Private Hospital Northside, you receive special medicines or drugs for your anaesthetic. It is important to know that for 24hrs after your procedure these anaesthetic drugs may prevent you from doing some normal daily activities.

For 24hrs after your procedure you MUST NOT:

- **DRIVE A MOTOR VEHICLE OR SUPERVISE A LEARNER DRIVER;** the anaesthetic drugs will impair your ability to operate a motor vehicle in a safe and responsible way. Driving under the influence of these anaesthetic drugs puts you and others at risk.
- **OPERATE MACHINERY OR APPLIANCES;** again this is because of the effect of the anaesthetic drugs on you. It is important to remember that an action as simple as boiling the kettle for a cup of tea or cooking a meal for the family can result in injury to yourself or others while you are still under the influence of anaesthetic drugs.
- **SIGN LEGAL DOCUMENTS OR CONDUCT BUSINESS;** the anaesthetic drugs can affect your decision making ability.
- **DRINK ALCOHOL OR TAKE SEDATIVES OR TRANQUILLISERS;** taking these medications after your anaesthetic can increase your level of drowsiness and put you at risk of injuring yourself and others.
- **CARE FOR OTHERS;** you are unable to care for children or other persons because of the effect of the anaesthetic drugs.

IN ADDITION: because of the effects of the anaesthetic drugs you must have:

- **A responsible adult to accompany you home.**
- **Stay with you overnight on the night of your procedure.**
- **A responsible adult to administer your usual medications.**