

**Dr Akshay Mishra**, Provider No. 256180RH  
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**Dr Sachin Nayyar**, Provider No. 5528672B  
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**Dr Khaled Bhuiyan**, Provider No. 2777128X  
**Dr Catherina Tjahjadj**, Provider No. 251907DJ



# NORTH WEST

Hospital Cardiology

## PATIENT DETAILS

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Suburb: \_\_\_\_\_ Post Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Medicare No: \_\_\_\_\_ Pension/Health Care Card: Yes/NO  
 Private Health Fund & No./Veterans Affairs No: \_\_\_\_\_

## CLINICAL DETAILS

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## EXAMINATION REQUESTED

- |   |                                   |   |   |
|---|-----------------------------------|---|---|
| <input type="checkbox"/> Cardiology Consultation  | <input type="checkbox"/> ECG      | <input type="checkbox"/> Exercise Stress Test | <input type="checkbox"/> 24 hr Holter Monitor |
| <input type="checkbox"/> ABI Ankle-Brachial Index | <input type="checkbox"/> 24hr BPM |   |   |

### TRANSTHORACIC ECHOCARDIOGRAMS

- Initial Comprehensive TTE 55126 *(restricted to once in a 2 year period for screening. (See Quick Reference Guide for Echocardiograms for exceptions)*  
 Pericardial effusion, pericarditis or cardiotoxic 55133     Medicare Ineligible Echocardiogram  
 Specialist Only - Valvular dysfunction 55127     Specialist Only - Heart failure, structural heart 55129

### STRESS (EXERCISE) ECHOCARDIOGRAMS *(PTO and tick at least one clinical Indicator for Medicare Eligibility)*

- Stress Echocardiogram *(limited to 1 scan every 2 years)* -55141     Medicare Ineligible Stress Echocardiogram  
 Specialist Only – Repeat Stress Echocardiogram-55143 *(See Quick Reference Guide for Stress Echocardiograms for Medicare eligibility)*

**NUCLEAR MEDICINE**    *Please download Medicare Eligible Referral at [www.qldni.com.au](http://www.qldni.com.au)*

## REFERRING DOCTORS DETAILS

Referring Clinician: \_\_\_\_\_ Provider No: \_\_\_\_\_ Date: \_\_\_\_\_  
 Address: \_\_\_\_\_ Signature: \_\_\_\_\_

**PLEASE PHONE: 07 3160 4331 FAX: 07 33 53 0077 OR EMAIL: [admin@northwest-cardiology.com.au](mailto:admin@northwest-cardiology.com.au)**  
**REFERRAL TO NORTH WEST CARDIOLOGY FOR MEDICARE ELIGIBILITY ASSESSMENT PRIOR TO APPOINTMENT**



### CLINICAL INDICATIONS FOR MEDICARE ELIGIBLE STRESS (EXERCISE) ECHOCARDIOGRAMS

PLEASE TICK AT LEAST ONE OF THE FOLLOWING CLINICAL INDICATORS FOR MEDICARE ELIGIBILITY:

- (a) If the patient displays one or more of the following symptoms of typical or atypical angina:
  - (i) constricting discomfort in the:
    - a. front of the chest; or
    - b. neck; or
    - c. shoulders; or
    - d. jaw; or
    - e. arms; or
  - (ii) the patient's symptoms, as described in subparagraph (3)(a)(i), are precipitated by physical exertion; or
  - (iii) the patient's symptoms, as described in subparagraph (3)(a)(i), are relieved by rest or glyceryl trinitrate within 5 minutes or less; or
- (b) if the patient has known coronary artery disease and displays one or more symptoms that are suggestive of ischaemia:
  - (i) which are not adequately controlled with medical therapy; or
  - (ii) have evolved since the last functional study; or
- (c) if the patient qualifies for one or more of the following indications:
  - (i) assessment of myocardial ischaemia with exercise is required if a patient with congenital heart lesions has undergone surgery and reversal of ischemia is considered possible; or
  - (ii) assessment indicates that resting 12 lead electrocardiogram changes are consistent with coronary artery disease or ischaemia, in a patient that is without known coronary artery disease; or
  - (iii) coronary artery disease related lesions, of uncertain functional significance, which have previously been identified on computed tomography coronary angiography or invasive coronary angiography; or
  - (iv) assessment indicates that the patient has potential non-coronary artery disease, which includes undue exertional dyspnoea of uncertain aetiology; or
- (v) a pre-operative assessment of a patient with functional capacity of less than 4 metabolic equivalents confirming that surgery is intermediate to high risk, and the patient has at least one of following conditions:
  - a. ischaemic heart disease or previous myocardial infarction; or
  - b. heart failure; or
  - c. stroke or transient ischaemic attack; or
  - d. renal dysfunction (serum creatinine greater than 170umol/L or 2 mg/dL or a creatinine clearance of less than 60mL/min); or
  - e. diabetes mellitus requiring insulin therapy; or
- (vi) assessment before cardiac surgery or catheter-based interventions is required to:
  - a. increases the cardiac output to assess the severity of aortic stenosis; or
  - b. determines whether valve regurgitation worsens with exercise and/or correlates with functional capacity; or
  - c. correlate functional capacity with the ischaemic threshold; or
- (vii) for patients where silent myocardial ischaemia is suspected, or due to the patient's cognitive capacity or expressive language impairment, it is not possible to accurately assess symptom frequency based on medical history.

### PATIENT PREPARATION

- Stress Exercise Echocardiogram  
 Fast for 4 hours before the test  
 Wear loose fitting top and pants and comfortable non-slip shoes
- Transthoracic Echocardiogram  
 Nil preparation required
- Holter Monitor  
 Shower before you arrive  
 Wear a loose-fitting shirt

### CLINIC LOCATIONS

#### EVERTON PARK

Suite 4,  
 North West Specialist Centre  
 137a Flockton Street,  
 Everton Park QLD 4053

#### CABOOLTURE

Caboolture Private Hospital  
 McKean Street  
 Caboolture QLD 4510

#### MORAYFIELD

Health HUB Doctors  
 19-31 Dickson Road  
 Morayfield QLD 4506

#### BRIBIE ISLAND

Ramsay Consulting Rooms  
 60 Hornsby Road  
 Bongaree QLD 4507